APPENDIX 3 of United World Wrestling Anti-Doping Rules 2016 Consent Form

As a member of the South African Wrestling Federation and/or a participant in an event authorized or recognized by the South African Wrestling or United World Wrestling Federation.

I HEREBY DECLARE AS FOLLOWS:

I acknowledge that I bound by, and confirm that I shall comply with, all of the provisions of UNITED WORLD WRESTLING Anti-Doping Rules (as amended from time to time) and the International Standards issued by the World Anti-Doping Agency and published on its website.

I acknowledge the authority of UNITED WORLD WRESTLING, the South African Wrestling Federation and the South African Institute of Drug-Free Sport (SAIDS) under the UNITED WORLD WRESTLING Anti-Doping Rules to enforce, to manage results under, and to impose sanctions in accordance with, the UNITED WORLD WRESTLING Anti-Doping Rules.

I also acknowledge and agree that any dispute arising out of a decision made pursuant to the UNITED WORLD WRESTLING Anti-Doping Rules, after exhaustion of the process expressly provided for in the UNITED WORLD WRESTLING Anti-doping Rules, may be appealed exclusively as provided in Article 13 of the UNITED WORLD WRESTLING Anti-Doping Rules to an appellate body for final and binding arbitration, which in the case of International -Level Athletes is the Court of Arbitration for Sport (CAS).

I acknowledge and agree that the decisions of the arbitral appellate body referenced above shall be final and enforceable, and that I will not bring any claim, arbitration, lawsuit or litigation in any other court or Tribunal.

I have read and understand the present declaration.

Today's date (Day/Month/Year)	Print Name (Surname & First Name)
Date of Birth	Signature
(Day/Month/Year)	(or, if minor, signature of parent or legal Guardian)